

CINQ MONDES SPA MENU 2018

CINQ MONDES FACIALS

All our Cinq Mondes facials are tailor-made: according to your skin needs, the beautician will choose Elixir Précieux, mask and final serum & cream during the facial

Ritual Fleurs de Bali – face care & massage- 30mn/ 55 €

Enjoy the delicate scents of tropical flowers in this “express radiance” treatment inspired by Balinese Beauty Rituals and discover its beneficial effects of skin cleansing, wellbeing and beauty. Includes a skin diagnosis.

Bali Flowers & Fruit Ritual- Skin renewal Facial – 50mn/75€

Deep cleansing treatment, skin perfecter and “radiance booster” inspired of Balinese beauty rituals. Take full advantage of the beneficial effects of active ingredients provided by natural tropical flowers and fruit acids (AHAs) to restore, purify and smooth the skin for a radiant complexion.

Precious Ko-Bi-Do Global Anti-Age Facial 80mn / 120€

This “global anti-ageing” facial, manual anti-wrinkle treatment from the Japanese Ko Bi Do ritual paired with a regenerating mask, deeply works on wrinkles, firmness and dewy complexion and focuses on eye contour, lips, neckline and arms. Skin feels soft and youthful, and the spirit and mind very restful.

FULL BODY MASSAGES

Welcome to a wonderful selection of ancestral treatments marked by quality, authenticity and ceremony, to restore harmony of body and mind through an unforgettable sensorial journey

Relaxing Oriental Massage Ritual- 30mn/1h - 55€/75€

A genuine art of living massage that works on the entire body using delicately perfumed hot Argan oil. The expert hands of the massage therapist work on tender knots and tensions to eliminate toxins and muscle pains while promoting a state of pure wellness.

Soothing French-Polynesia Massage Ritual – 60mn/90mn- 90€/130€

A body massage treatment inherited from The Polynesian healers and inspired by Lomi-Lomi, which uses deep pressure from the therapist's forearms and long continuous movements. Tiare flower notes accompany you all along this blissful experience of instant relief.

Enveloping Balinese Massage Ritual – 60mn/85€

Immerse in a world of tranquility performed with a traditional Tropical Nuts Melting balm according to an ancestral Ritual massage from Bali. This escape includes gentle Thai pulling and traditional stretching movements. Pleasant surprising head massage in a towel.

Cinq Mondes scrub collection- 30mn/ 55€

Choose between Energizing Aromatic Scrub with Spices, Sublime scrub with tiaré and monoï, or Purée de Papaye, the scrub that best fits your mood to get rid of dead cells and agreeably complete any massage experience.

AYURVEDA TRADITION

Indian Head massage- 30mn/50€

Discover the virtues of this deeply relaxing massage. By focusing on the back, nape and shoulder blades, this treatment releases built-up tension providing a feeling of well-being and total relaxation.

Indian Leg massage- 30mn/ 50€

To get rid of sensation of "heavy legs", this draining, toning and circulatory improving massage of the leg muscles from an Ayurvedic tradition, allows regaining vitality and lightness.

STAY SPA PACKAGES

Sensorial Journey discovery 3 DAYS - 195€

A guided tour in the Beauty Rituals of the World® by Cinq Mondes, full of quality, ceremony and authenticity. Free entrance to the Wet spa area for a maximum wellness benefit.

- Day one : Initiation to Moroccan Hammam - 45mn
- Day two: Relaxing Oriental Massage Ritual -60mn
- Day three: Energizing Aromatic scrub & Ritual Fleurs de Bali – 60mn

Sensorial Journey discovery 5 DAYS - 350€

A guided tour in the Beauty Rituals of the World® by Cinq Mondes, full of quality, ceremony and authenticity. Free entrance to the Wet spa area for a maximum wellness benefit.

- Day one : Initiation to Moroccan Hammam - 45mn
- Day two : Relaxing Oriental Massage Ritual - 60mn
- Day three: Initiation to Moroccan Hammam - 45mn
- Day four: Soothing Polynesian Massage Ritual- 60mn
- Day five: Energizing Aromatic scrub & Ritual Fleurs de Bali – 60mn

Waxing

Lip or Chin	15€
Underarm	20€
Half leg or arm	20€
Full leg	30€
Bikini line	30€
Back or chest waxing	30€